

Jan M. Burte, Ph.D., MsCP, DAAPM
Licensed Clinical Psychologist
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Curriculum Vitae

Education

- 8/83 Doctor of Philosophy in Clinical Psychology, APA approved clinical program, Hofstra University, Hempstead, NY.
- 12/79 Master of Arts in Psychology, Hofstra University, Hempstead, NY.
- 6/78 Bachelor of Science, Brooklyn College, C.U.N.Y, Brooklyn, NY.
- 8/05 Post – Doctoral Masters in Clinical Psychopharmacology, Nova Southeastern University.

Licenses and Advanced Certifications

- 3/03 License for Practice, Psychologist, Florida.
- 2/84 License for Practice, Psychologist, New York State.
- 2003 Certified Sex Therapist – American Association of Sex Educators, Counselors and Therapists.
- 1992 Board Certification – Diplomate, American Academy of Pain Management
- 1994 Board Certification – Psychologist, Workers Compensation Board.
- 1985 Certified Employee Assistance Program Counselor, Institute For Rational Living.
- 1980 School Psychology Certification (Prov.) University of the State of New York.

Awards

- 2008 Continuing Education Excellence Award in pain management.
- 2007 Continuing Education Excellence Award in pain management.
- 2006 Continuing Education Excellence Award in pain management.

2005	Continuing Education Excellence Award in pain management.
2004	Continuing Education Excellence Award in pain management.
2003	Continuing Education Excellence Award in pain management.
2002	Continuing Education Excellence Award in pain management.
2001	Continuing Education Excellence Award in pain management.

Work Experience

1984-Present	Private Practice: Clinical practice employing hypnotherapeutic and short term cognitive behavioral approaches focused upon delivery of individual therapy for adults and children, family and marital counseling, and group therapy. Areas of professional recognition include trauma, chronic and acute medical pain control, sexual dysfunction therapy, stress and anxiety, hypnosis, cognitive behavioral and brief therapies. Past projects have included development and administration of comprehensive psychological diagnostic, treatment and wellness programs (trauma, stress, pain, smoking, weight, substance abuse), as well as consultation liaison to Human Relations departments, research development, grant proposal and community liaison.
9/06 –Present	On staff at Boca Raton Community Hospital.
11/03-Present	Adjunct Professor: <u>Nova Southeastern University</u> . Davie, FL.
10/03-Present	Exec. Dir.: Milton H. Erickson Institute of Hypnosis of Southeast Florida.
1997-2002	Director: <u>Long Island Institute of Ericksonian Hypnosis</u> . Queens, NY
1996-2002	Adjunct Professor: <u>Long Island University</u> , Brookville, NY.
1989-1997	Director of Special Programs: <u>Long Island Institute of Ericksonian Hypnosis</u> . Malverne, NY.
1988-1997	Founder and Director: <u>New York Psychological and Developmental Services</u> PLLC. Children's Evaluation and Treatment Program.
1988-Present	Consultant: <u>Learning Techniques</u> . Teaching stress management, Merrick, NY.
1984-Present	Clinical Director: <u>The Children's Socialization Program</u> . Development and implementation of program designed to foster

- social development, in children.
- 1990-1992 Consultation Liaison: Pediatric Oncology, North Shore University Hospital.
- 1989-1992 Supervisor: Mental Health Counselors Graduate Program. Clinic site supervisor of interns. C.W. Post Campus, Long Island University.
- 1985-1991 Adjunct Associate Professor & Member of Curriculum Planning Committee Division of Clinical Sciences. New York Chiropractic College. Brookville, NY.
- 1982-1984 Assoc. Director, Hofstra Weight Control Program, Hofstra Health Dome.

Publications, Scientific Papers, Symposia Presentations

- 2009 Integration of Hypnosis Into Pain Management Taps into the Mind's Power to Choose, Topics in Pain Management, Lippincott Williams & Wilkins/ WoltersKluwer Health.
- 2009 The Biopsychosocial Perspective in the Management of Chronic Pain, Parklander Magazine, Parkland, Florida.
- 2008 Integrating Psychological Interventions into the Interdisciplinary Setting, American Academy of Pain Management, Nashville, TN., 9/8/08.
- 2008 Hypnosis in the Management of Pain; A one day workshop. American Academy of Pain Management, Nashville, TN., 9/8/08.
- 2007 Psychopharmacology for the non-prescribers Moderator, American Academy of Pain Management, Las Vegas, NV, 9/29/07.
- 2007 Combined pharmacological and behavioral treatment for smoking cessation. American Academy of Pain Management, Las Vegas, NV, 9/29/07.
- 2007 Psychopharmacological interventions in sports psychology. American Academy of Pain Management, Las Vegas, NV, 9/29/07.
- 2007 Psychopharmacology for the non-prescriber Expert Panel Discussion. American Academy of Pain Management, Las Vegas, NV, 9/29/07.
- 2007 Burte, J.M. Sports as a Culture. In Using Popular Culture in

- Counseling and Psychotherapy. Rubin (ed.), Spring 2008 Springer Press.
- 2006 Burte, J.M. Hypnosis and Superheroes in the Treatment of Pain. L. Rubin (ed.) Springer Press, 2006.
- 2005 Burte, J.M. Hypnotherapeutic Advances in Pain Management. In Pain Management: A Practical Guide for Clinicians: Seventh Edition. B.Cole. Eds., CRC Press, 9/2005.
- 2004 Hypnotherapeutic Intervention for Sexual Dysfunction. American Assoc. of Sex Educators, Counselors and Therapists, Chicago, Ill., 5/14/04.
- 2003 Hypnosis in the Treatment of Pain and Sexual Dysfunction. American Academy of Pain Management, Denver, Col., 9/10/03.
- 2002 Hypnosis in the Treatment of Pain. Association of Operating Room Nurses. North Shore Hospital, Manhasset, NY, 10/8/02.
- 2002 Hypnosis for Beginners. American Academy of Pain Management. Reno, Nevada, 9/26/02.
- 2002 Ericksonian Inductions and Past Life Oriented Hypnotherapy. American Academy of Pain Management. Reno, Nevada, 9/26/02.
- 2002 Hypnosis for Treating Severe Emotional and Physical Trauma of WTC survivors. American Academy of Pain Management. Reno, NV, 9/26/02.
- 2001 Psychoneuroimmunology. New York Society of Clinical Hypnosis. North Shore Community Hospital, Manhasset, NY, 4/18/01.
- 2001 Chair- Applied Psychology Track-Hypnosis and Behavioral Management. American Academy of Pain Management. Arlington, VA. 9/5/01.
- 2001 Hypnosis and Pain Management: Myths and Misconceptions. American Academy of Pain Management. Arlington, VA, 9/5/01.
- 2001 Hypnotic Induction and Hands on Application: American Academy of Pain Management. Arlington, VA, 9/5/01.
- 2001 Healing and Empowerment Techniques. American Academy of Pain Management. Arlington, VA, 9/5/01.
- 2001 Burte, JM. Psychoneuroimmunology. In Pain Management: A Practical Guide for Clinicians: Sixth Edition. R. Weiner Ed. CRC

- Press, 9/2001.
- 2001 Burte, JM. Hypnotherapeutic Advances in Pain Management. In Pain Management: A Practical Guide for Clinicians: Sixth Edition. R. Weiner Ed. CRC Press, 9/2001.
- 2001 Araoz, D., Burte, JM., Golden, E., Sexual Hypnotherapy for Couples and Family Counselors. The Family Journal: Counseling and Therapy for Couples and Families. Vol. 9 (1), Jan. 2001.
- 2001 Psychoneuroimmunology. The Pain Practitioner, Vol. 11 (1), Spring, American Academy of Pain Management.
- 2000 Chair - Applied Psychology Track – Interactive Guided Imagery, Hypnotherapeutic Advances in Pain Management, Variables in Pain Sensation and Perception, Psychoneuroimmunology, Screening for Substance Abuse, Applied Biofeedback for Pain Management. AAPM Las Vegas, NV, 9/20/00.
- 2000 Psychoneuroimmunology. American Academy of Pain Management. Las Vegas, NV, 9/20/00.
- 2000 Hypnosis for pain management. Milton H. Erickson Institute of New York and Long Island, NYC, NY, 5/25/00.
- 2000 Hypnosis in Enhancing Immune Function. Erickson Institute of New York and Long Island, NYC, NY, 5/26/00.
- 2000 Psychoneuroimmunology. American Academy of Pain Management., Las Vegas, NV, 9/25/99.
- 2000 Hypnosis, Headache and Pain Control. NYSCH - North Shore University, Manhasset, NY, 11/21/99.
- 1999 Hypnosis and Sexual Dysfunction Disorders. NYSCH North Shore University Hospital, Manhasset, NY, 11/21/99.
- 1999 Burte, J.M. and Araoz, D.L. Treatment of Sexual Dysfunction. Brief Ericksonian Therapy. Jeffrey Zeig: Ed. Zeig, Tucker and Co. Conn.
- 1999 Hypnosis and Sexual Dysfunction, Hypnosis and Trauma. Milton H. Erickson Institute of New York and Long Island Institute of Ericksonian Hypnosis, Queens, NY, 5/12/99
- 1998 Ericksonian Intervention for Sexual Dysfunction. The Brief Therapy Conference, New York, NY, 8/26-30/98.
- 1998 Symposium on Sexual Dysfunction: Member of multi disciplinary

- presentation. North Shore Hospital University Hospital. Manhasset, NY, 5/5/98.
- 1998 Pain, Sexual Dysfunction and Trauma: The Utility of Hypnotherapy. American Academy of Pain Management. Presentation at the Annual National Conference, Atlanta, GA, 9/12/98.
- 1998 The Use of Hypnosis to Reduce Pain and Stress in Children and Adults. Queens Regional Professional Development Program, Bd. Of Education of the City of New York, Queens, NY, 6/4/98.
- 1998 Hypnosis in the treatment of Sexual Dysfunction Secondary to medical illness. New York Society of Clinical Hypnosis. North Shore University Hospital Manhasset, NY.
- 1997 Two day intensive-advanced workshops on Hypnosis and the Medically Ill Patient, Corporate Hypnotherapy and Consulting, Hypnosis in Family Counseling, Hypnosis and Sexual Dysfunction, Hypnosis and Trauma. Milton H. Erickson Institute of New York and Long Island Institute of Ericksonian Hypnosis, Queens, NY.
- 1997 Guided Imagery. American Academy of Pain Management, Las Vegas, NV.
- 1997 Post Acute Medical Trauma - Assessment and Hypnotherapeutic Intervention, Grand Rounds, Holliswood Psychiatric Hospital, Queens, NY.
- 1996 Assessment and Treatment of Post Acute Trauma Four hour workshop on diagnosing and treating trauma via hypnosis and cognitive – behavioral approaches. New York Society of Clinical Hypnosis, Queens, NY.
- 1996 Burte, J.M. Stress and Anxiety at Time of Diagnosis. Time/Life Medical Video and Workbook Editorial Review Panel.
- 1996 Burte, J.M. Post Acute Trauma Management. An Interdisciplinary Approach to Post Acute Trauma American Academy of Pain Management Annual Convention Washington, D.C.
- 1996 Burte, J.M. Post Acute Trauma Management with the Medical Patient. Diagnosis and Hypnotherapeutic Treatment Strategies. New York Society of Clinical Hypnosis. Queens, NY.
- 1995 Burte, J.M. Chronic Pain As An Intermediating Stressor in the Development of Posttraumatic Emotional Distress - The Etiological mechanism of an anxiety disorder. American Academy of Pain Management. Annual Convention. Houston, TX.

- 1995 Burte, J.M. Use of the MMPI-2 and Self Report Measures of Anxiety and Depression with Chronic Pain Patients. American Academy of Pain Management - Annual Convention, Houston, TX.
- 1995 Cognitive - behavioral and Hypnotic Intervention with Psychiatric Patients Grand Rounds 3/17/95 Cabrini Medical Center, NY, NY.,,
- 1994 Cognitive - Behavioral and Hypnotic intervention in the treatment of Anxiety Disorders, Adjustment Reactions Secondary to trauma and PTSD. Differential Diagnosis and treatment. Australian Society of Hypnotherapy, Sydney, Australia, 3/94.
- 1994 The Use of Hypnosis With the Attention Deficit Disorder Child; Keynote address. Australian Society of Hypnotherapy. Sidney, Australia. 3/94.
- 1994 Burte, J.M. & Burte, C.L. Cognitive Behavioral, Hypnotic and Pharmacological Intervention in Attention Deficit Disorder. The Australian Journal of Clinical Hypnotherapy and Hypnosis. 15 (1) 46-62.
- 1994 Cognitive-Hypnotic Approaches to Anxiety Reduction and Pain Management Grand Rounds, St. John's Episcopal Hospital, Queens, NY,. 2/16/94
- 1994 Burte, J.M., Araoz, D.L. (1994) Cognitive - Hypnotherapy with Sexual Disorders. Journal of Cognitive Psychotherapy 8 (4) 299-311.
- 1994 Burte, J.M., Burte, W. D. ,Araoz D.L. (1994) Hypnosis in the treatment of Back Pain: The Australian Journal of Clinical Hypnotherapy and Hypnosis. 15 (2) 93-116.
- 1994 Pain Management with Hypnosis. Psychologia Conductual. Co-author with D.L. Araoz.
- 1993 Burte, J.M. (1993) The Role of Hypnosis in the Treatment of Tinnitus. The Australian Journal of Clinical Hypnotherapy and Hypnosis. 14 (2) 41-52.
- 1993 Introduction to Hypnosis in Psychiatry. Specific papers Hypnosis in the Pediatric Population, Hypnosis in the treatment of acute and chronic pain, Hypnosis in the treatment of anxiety and related disorders, and Hypnosis for sexual dysfunction. The 146th American Psychiatric Association Annual Meeting, San Francisco.
- 1993 Hypnotic Techniques in the Treatment of Pain: A multidisciplinary

- symposium. Hypnotic Techniques in the treatment of Habits and Addiction Disorders. Hypnotic Techniques in Stress and Anxiety Management. Hypnotic Techniques in Stress and Anxiety Management. New York Society of Clinical Hypnosis and The American Society of Clinical Hypnosis Education and Research Foundation. Hofstra University. Uniondale, NY.
- 1992 Introduction to Hypnosis in Psychiatry. Specific papers included; Hypnosis in the treatment of acute and chronic pain, Hypnosis in the treatment of anxiety disorders, and Hypnosis for sexual dysfunction. The 145th American Psychiatric Association Annual Meeting, Wash., D.C.
- 1992 Introduction to Hypnosis For School Psychology and Counseling Personnel. Course Leader of Twenty hour CME approved course in intervention techniques applicable with children, adults, and families within the school and community based support team. Center Force Community Services, Brooklyn, NY.
- 1992 Hypnotic Techniques for Stress and Anxiety Management. New York Society of Clinical Hypnosis and The American Society of Clinical Hypnosis Education and Research Foundation. Queens Dental Society. Queens, NY.
- 1992 Basic Techniques for Pain Control in Chronic and Acute Pain Patients. Proceedings of New York Society of Clinical Hypnosis and The American Society of Clinical Hypnosis Education and Research Foundation. Queens Dental Society, Queens, NY.
- 1991 Hypnotic Techniques in the Treatment of Pain: A multidisciplinary symposium. Hypnotic Techniques in the Treatment of Habits and Addiction Disorders. Hypnotic Techniques in Stress and Anxiety Management. New York Society of Clinical Hypnosis and The American Society of Clinical Hypnosis Education and Research Foundation. Hofstra University. Uniondale, NY.
- 1991 Family Hypnotherapy Versus Traditional Family Therapy in Developing Coping Strategies in Families with Cystic Fibrosis. Proceedings of The 17th European Cystic Fibrosis Conference Copenhagen, Denmark.
- 1991 The Utilization of Hypnosis in Reducing Respiratory Embarrassment in Cystic Fibrosis. Reframing emotional overlays to reduce anxiety individual symptomology. Proceedings of The 17th European Cystic Fibrosis Conference. Copenhagen, Denmark.
- 1991 Psychological Interventions in the Treatment of Back Pain.

- Proceedings of The American Back Symposium sponsored by World Federation of Chiropractic and The American Back Society, Toronto, Canada.
- 1991 Interdisciplinary Workshop Directed to Develop Guidelines for Interfacing of Psychological, Chiropractic and Medical Interventions in Pain Control. Workshop leader of a joint session of The American Back Symposium sponsored by World Federation of Chiropractic and The American Back Society, Toronto, Canada.
- 1991 Half-day symposium. Hypnosis in the Child and Adolescent: New York Society of Clinical Hypnosis and The American Society of Clinical Hypnosis Education and Research Foundation. Hofstra University. Uniondale, NY.
- 1990 Psychological Aspects of the Chronic and Acute Low-Back Pain Patient. Proceedings of The Second Annual Multidisciplinary Symposium entitled Low Back Pain'90. Rutherford, N.J.
- 1990 Stress and the Special Education Middle Management Dilemma. Stress Management techniques in special education; NYC. Board of Education, Queens Regional Conference on Special Education. St. John's University, Queens, NY.
- 1990 Stress Management and the Public School Mental Health Professional. Techniques and theory for the school psychologist, social worker and special education advisor. NYC. Board of Education, District 26, Queens, NY.
- 1989 Stress Management and Intercultural, Interpersonal Communications. Workshop presented to United Nations Special Interest Group. United Nations Manhattan, NY.
- 1989 Chairperson, Symposium on "Hypnosis in the treatment of anxiety disorders." New York Society of Clinical Hypnosis, American Society of Clinical Hypnosis Education and Research Foundation. Creedmoor Psychiatric Hospital, Queens, NY 1989.
- 1989 Internally Directed Hypnosis. New York Society of Clinical Hypnosis Training Manual. Society of Clinical Hypnosis Training Manual.
- 1989 Enhancing Parapsychological Phenomenon through the Application of Hypnosis. United Nations Special Interest Group; Parapsychology. United Nations, Manhattan, NY
- 1989 Stress Management in the Educational and Public School Support Team Setting. One day workshop for school based support teams.

- New York City Board of Education, District 26. Division of Continuing Professional Education.
- 1989 Interfacing Special Education and Psychological Interventions within the Public School Setting. One-day workshop for special education and allied CSE personnel. NYC Board of Education, District 26. Division of Continuing Professional Education.
- 1989 Workshop Panelist for two-day workshop on Ericksonian Clinical Applications of Hypnosis. New York Society of Clinical Hypnosis, American Society of Clinical Hypnosis Education and Research Foundation, Creedmoor, Queens, NY.
- 1989 Stress Management-Two Day Intensive for New York State Department of Mental Health, Department heads and personnel. New York State Department of Mental Health. Rockefeller Foundation, New York State Department of Education, New York State Department of Health, Manhattan, NY.
- 1988 Symposium on "Stress and Anxiety Disorders in the Clinical Population." Ericksonian Interventions. The New York Society of Clinical Hypnosis, American Society of Clinical Hypnosis Education and Research Foundation. New York Medical College, Neoplastic Disease Division. Rockland Psychiatric Center, Orangeburg, NY.
- 1988 Correlates, Causes and The New Hypnosis-interventions in the Treatment of Childhood Enuresis. Refining "New Hypnosis" Techniques; Interventions for Pain Control. The New York Society of Clinical Hypnosis, American Society of Clinical Hypnosis Education and Research Foundation. New York Medical College, Neoplastic Disease Division. Rockland Psychiatric Center, Orangeburg, NY.
- 1988 Stress Management-Two Day Intensive for Registered Nurses, Professional Development Training Program Rockefeller Foundation and New York State Department of Education. Kingsborough Psychiatric Hospital, Brooklyn, NY.
- 1988 Stress Management-Two Day Intensive for Licensed Practical Nurses, Registered Nurses and personnel. Professional Development Training Program Rockefeller Foundation and New York State Department of Education. Creedmoor Psychiatric Hospital, Queens, NY.
- 1988 The Treatment of Obesity Through A Multi-disciplinary Health Team Approach; Preliminary results. The New York Society of Clinical Hypnosis, Quarterly Scientific Meeting.

- 1987 Stress and Obesity; Psychological Factors New York Society of Clinical_Hypnosis. Quarterly Scientific Meeting.
- 1987 Development of Quality of Life Measures and Psychological Correlates; Pilot Study, New York Chiropractic College, University Archives.
- 1987 Correlation of Quality of Life Measures, Psychological Correlates and Chiropractic Intervention; Federation of Chiropractic Education and Research Grant, New York Chiropractic College, University Archives.
- 1987 Stress Management-Two Day Intensive for Licensed Practical Nurses. Professional Development Training Program Rockefeller Foundation and New York State Department of Education. Creedmoor Psychiatric Hospital, Queens, NY.
- 1987 Stress Management-One Day Intensive for New York State Heads of Departments. New York State Division of Professional Development. Molloy College, Rockville Center, NY.
- 1986 Stress Management in the Academic Setting Jamaica School District In-Service Training, Jamaica, NY.
- 1986 Paralysis of the Soul; Distinguishing Boredom from Clinical Depression. Journal of Human Relations (3), 3/4, 157-164.
- 1986 The Parents of Children with Cancer; Coping Techniques North Shore Hospital, Pediatric Oncology Social Services Unit, Manhasset, NY.
- 1986 Strategic Use of Hypnotic Phenomenon New Hypnosis Training Institute, Great Neck, NY.
- 1986 Stress Inoculation Training Program, South Shore Business Women's Association, Dix Hills, NY.

Professional Offices

- 2003-2008 Executive Director Milton H. Erickson Institute of Southeast Florida.
- 2003-2008 Education Planning Committee, American Academy of Pain Management.
- 1991-1993 President, New York Society of Clinical Hypnosis, NY.
- 1989-1991 Vice-President, New York Society of Clinical Hypnosis, NY.

1986-1989	Secretary/Treasurer, New York Society of Clinical Hypnosis, NY.
1984-1986	Treasurer, New York Society of Clinical Hypnosis, NY.
1983-1984	Executive Committee Member, New York Society of Clinical Hypnosis, NY.

Professional Affiliations

American Psychological Association

American Academy of Pain Management

American Association of Sex Educators, Counselors and Therapists

American Society of Clinical Hypnosis